

## Evaluation of the Relationship between the Number of Lymph Nodes in Resected Colorectal Cancer Specimens and Clinicopathologic Criteria

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### ABSTRACT

Colorectal cancer (CRC) is the most common malignancy in the digestive system and the second leading cause of cancer deaths. Lymph Nodes (LNs) involvement is the most important prognostic factor in patients with CRC. The present study was conducted to evaluate the relationship between the number of LNs in resected CRC specimens and clinicopathologic criteria in patients with CRC. The present cross-sectional study was conducted on pathology and oncology reports of 150 patients who underwent surgery for CRC in Mashhad's Omid Hospital. The inclusion criteria were the number of resected or involved LNs, patients' age and gender, cancer stage, tumor grade, tumor location and length of time without disease. Patients' survival rate was calculated based on the length of time without disease. Out of the whole 150 patients, 74 were male (%49.3) and 76 were female (%50.7); the average age was 56 years; %37 of the patients were under 50 years old; the average number of resected LNs was 7.16 (min:0, max: 42); no relationship was observed between the number of resected LNs and clinicopathologic criteria; however, the Lymph Node Ratio (LNR) was significantly related to the number of resected LNs ( $p < 0.001$ ), cancer stage ( $p < 0.001$ ), tumor grade ( $p < 0.001$ ), metastasis ( $p < 0.001$ ), recurrence ( $p < 0.001$ ) and length of time without disease ( $p < 0.001$ ); finally, higher LNs' involvement was associated with lower survival rates ( $p < 0.001$ ). Although significant relationships were observed between LNR and prognostic criteria (recurrence, metastasis and length of time without disease), the total number of resected LNs was not significantly related to the mentioned criteria. However, a full dissection and removal of involved LNs should be done for correct staging of cancer.

**Key words:** Colorectal Cancer, Lymph Node, Staging of Colorectal Cancer.

### INTRODUCTION

Colorectal Cancer (CRC) is the most common malignancy in the digestive system and the second leading cause of cancer deaths. Various prognostic factors have been introduced for CRC, including age, gender, stage, tumor grade, number of involved lymph nodes, etc. However, LNs

involvement is the most important prognostic factor in patients with CRC. Patients with lymph node involvement may benefit from adjuvant therapies such as chemotherapy; thus, the evaluation of LNs is one of the critical factors in clinical decision-making. Studies have found positive correlations between the number of involved nodes and prognostic factors. They have also reported many

differences in the number of involved nodes among patients hospitalized in different pathology sections. These differences, which can be due to many different factors, including complete lymphadenectomy, interpersonal differences and tumor's or host's biological behaviors, affect both cancer staging and prognostic factors. Furthermore, different minimum numbers have been reported for LNs needed to decide about without metastasis cases.

In 2011 (China), Shao and colleagues examined the effects of number of resected LNs and LNR on prognostic factors in 507 patients with CRC (grades II & III) and reported a significant relationship between the number of resected LNs and the number of metastatic LNs. They observed a significant difference in 5-year survival rate between CRC patients with >12 involved LNs (LNs>12) and those with smaller numbers. Moreover, LNR was related to a 5-year survival rate in patients with grades II and III CRC. They concluded that more LNs must be resected for correct staging of CRC [3].

In 2011 (America), Bamboat and colleagues examined factors influencing the number of resected LNs in 137 patients with CRC who had undergone colectomy. They found no significant relationship between the type of surgery (laparoscopy/open surgery), surgeon (general surgeon/colorectal specialist), tumor location and the number of LNs removed; however, the number of LNs reported by pathology residents was significantly higher than what was reported by lower level residents. Accordingly, they concluded that careful evaluation by pathologists is an important factor in determining the accurate number of involved LNs [4].

In 2011 (Greece), Lagoudianakis and colleagues tried to determine influential factors in resecting a sufficient number of LNs in patients with CRC. Accordingly, they examined 454 CRC patients out of which, %41 had <12 involved LNs. They concluded that age, cancer stage, tumor size and other variables such as the quality of surgical specimens and accuracy of evaluation are among the important factors influencing the removal of sufficient LNs in patients with CRC [5].

In 2011(America), Stoochi and colleagues investigated factors affecting the number of nodes removed and their effects on prognostic factors. patients with CRC>12 involved LNs can be considered as an important prognostic factor in patients with colon cancer [6].

The present study was conducted to evaluate the relationship between the number of LNs and clinicopathologic criteria in patients who underwent surgery for CRC in Mashhad's Omid Hospital.

## METHODOLOGY

The present historical retrospective study was conducted on 150 patients with CRC who were hospitalized in Mashhad's Omid Hospital between the years 2006 and 2007. The main objective was to determine the relationships between the number of LNs in resected CRC specimens and clinicopathologic criteria (age, gender, pathologic stage and tumor grade, length of time without disease and tumor location). All subjects underwent surgery for CRC and their surgical specimens were sent for pathological analysis. They had also complete pathology and oncology records. Patients with an incomplete pathology or oncology record were excluded from the study. The sample size was determined based on Stoochi's study in which a correlation of 0.22 was reported between age and the number of LNs [6]; thus, a sample size of 150 patients was determined for the present analysis (confidence level: %95; power: %80). Data were collected based on the included patients' medical records. Tumor's stage was determined based on Duke's stages (A, B, C, and D). Other data included age, gender, tumor location (ascending colon, transverse colon, descending colon and rectosigmoid colon), tumor grade (I, II and III), removed and involved LNs. Other factors such as tobacco use, CEA and hemoglobin levels were also examined. Moreover, the presence of recurrence, metastasis and number of months without disease (i.e. no tumor recurrence or metastasis) were analyzed.

Thus, in addition to the main objective, the relationships between the number of LNs and metastasis, recurrence, tobacco use, CEA,

hemoglobin and patients' survival rate (based on disease-free survival) and between CEA and metastasis, recurrence and survival rate were studied.

Similar to Byrne' [9] and Kim's [20] studies, a criterion entitled Lymph Node Ratio (LNR) (i.e. the ratio of involved LNs to resected LNs) was also used in the present study. It must be noted that since no LNs was removed in 16 patients, the LNR was examined for the remaining 134 people.

**Table 1: Correlation between total lymph node resection and gender, metastasis, recurrence and tobacco use**

Variable		Mean	SD	P-value
Gender	Male	7.09	6.48	0.69
	Female	7.22	6.51	
Metastasis	Yes	6.8	5.83	0.44
	No	7.3	6.11	
Recurrence	Yes	6.91	5.8	0.66
	No	7.23	6.09	
Tobacco use	Yes	7.82	6.18	0.46
	No	7	5.98	

Chi-square test results indicated no significant difference in the location of tumor (p=0.34), pathologic stage(p=0.2) and degree of differentiation (p=0.24) between male and female patients

To describe the data, frequency distribution, percentage, mean, median and Standard Deviation (SD) were used. The examined patients were initially compared in terms of gender. Given that the numbers of resected LNs were not normally distributed, their square roots were used for data normalization (based on Smirnov-Kolmogorov test). Then to find the relationships between resected LNs and quantitative variables, person correlation test was used; to determine the relationships between resected LNs and 2-sided qualitative variables (age, gender, recurrence and tobacco use), independent samples t-test was used; and to examine the relationships between resected LNs and multiple-sided qualitative variables (stage, grade and tumor location), ANOVA was used. Since LNR was not normally distributed, its relationships with quantitative variables were examined through person correlation test; with 2-sided qualitative variables through Mann-Whitney test; and with multiple-sided qualitative variables by Kruskal-Wallis test.

Survival rates of patients (based on the disease-free survival) were calculated through the Kaplan-Maier survival curve and compared via Long-rank test. All statistical analyses in the present study were done using the SPSS-11.5 software (p<0.05) and all graphs were drawn using Excel-2007.

**Table 2: Correlation between total lymph node resection and tumoral location, stage and grade**

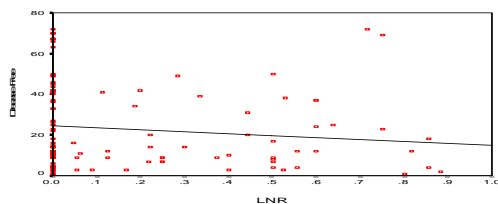
Variable		Mean	SD	P-value
Tumoral location	Ascending colon	6.8	4.45	0.96
	Transverse colon	7.25	6.43	
	Descending colon	7.4	6.38	
	Rectosigmoid colon	7.8	6.23	
Stage	A	3.5	1.29	0.06
	B	5	5.7	
	C	8.05	6.44	
	D	8.4	5.27	
Grade	well	7.3	6.6	0.8
	moderate	7.07	5.15	
	poor	6.46	5.15	

## RESULTS

Out of the whole 150 patients, 74 (%49.3) people were male and 76 (%50.7) were female (the ratio of female to male patients was 1.02); the overall mean (SD) of age was 56.2 (14.8) (females: 54.4 (14.4); males: 58 (15.07)); the age range was 22-87 years; %37 of the patients were under 50 years old; the range of resected LNs was 0-42 (an

**Table 3: Correlations between LNR and age, duration of without disease, hemoglobin and CEA in patients with colorectal adenocarcinoma**

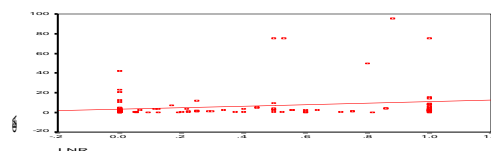
Variable	Spearman's rank correlation	P-value
Age	-0.01	0.89
Duration of without disease	-1.8	0.03
Hemoglobin	-0.05	0.5
CEA	0.2	0.006



**Fig. 1: The relationship between LNR and disease-free survival**

average of 7.16); in 119 (%79.3) patients, the location of tumor was rectosigmoid colon; in 18 (%12) patients, the location of tumor was ascending colon; in 8 (%5.3) patients, the location of tumor was transverse colon; in 5 (%3.3) patients, the location of tumor was descending colon; 4 (%2.7) patients had stage A cancer, 74 (%49.3) patients had stage B cancer; 67 (%44.7) patients had stage C cancer; 5 (%3.3) patients had stage D cancer; 83 (%55.3) patients had a good differentiation degree (grade I); 54 (%36) had an average differentiation degree (grade II); 13 (%7.8) patients had a weak differentiation degree (grade III); visceral metastasis was detected in 47 (%31.3) patients; in 103 (%68.6) patients, no metastasis was observed; and in 36 (%24) patients recurrence was observed.

T-test results indicated significant differences in disease-free period and hemoglobin level between male and female patients. Accordingly, the disease-free period was longer in female patients ( $p=0.03$ ) and the level of hemoglobin was higher in male patients ( $p=0.01$ ) but no differences in number of resected LN ( $p=.89$ ) and involved LN ( $p=.77$ )



**Fig. 2: The relationship between LNR and CEA**

**Table 4: Correlation between LNR and gender, metastasis, recurrence and tobacco use in patients with colorectal adenocarcinoma**

Variable	Mean (SD)	Median	Mann-Whitney test results	
Gender	Male	0.33 (0.40)	0.05	P=0.6Z=0.4
	Female	0.33 (0.38)	0.18	
Metastasis	Yes	0.53 (0.38)	0.52	P<0.001Z=3.7
	No	0.25 (0.37)	0	
Recurrence	Yes	0.52 (0.38)	0.52	P=0.003Z=2.9
	No	0.28 (0.38)	0	
Tobacco use	Yes	0.34 (0.40)	0.18	P=0.95Z=0.05
	No	0.33 (0.39)	0.12	

However, Chi-square test results indicated significant differences in the presence of metastasis, recurrence and tobacco use ( $p=0.04$ ,  $0.07$  and  $0.001$  respectively, higher in male)

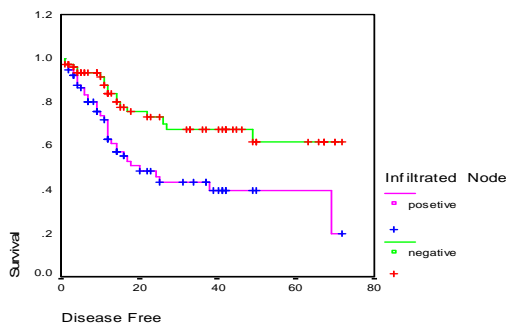
T-test results showed no significant relationship between the number of resected LNs and gender, metastasis, recurrence and tobacco use (table 1).

Anova results showed no relationship between the number of resected LN and tumoral location, stage and grade (table 2).

The mean and SD of disease-free survival were 20.4 and 18.7 months respectively. Pearson correlation test results showed no significant relationship between the mentioned period and the number of resected LNs ( $r=0.14$ ;  $p=0.07$ ). The mean and SD of age were 56.2 and 14.8 years respectively. Pearson correlation test results showed no significant relationship between age and the number of resected LNs ( $p=0.38$ ). The mean and SD of hemoglobin level were 12.08 and 2.13 respectively. Pearson correlation test results showed no significant relationship between hemoglobin level and the number of resected LNs ( $p=0.38$ ). Mean and SD of CEA level were 14.9 and 6.43. Pearson correlation test results showed a weak

**Table 5: Correlation between LNR and cancer stage, tumor grade and tumor location in patients with colorectal adenocarcinoma**

Variable		Mean (SD)	Median	Kruskal-Wallis test results
Stage	A	0 (0)	0	Chi <sup>2</sup> =65.18P<0.001
	B	0.1 (0.28)	0	
	C	0.52 (0.35)	0.5	
	D	0.94 (0.07)	1	
Grade	I	0.23 (0.36)	0	Chi <sup>2</sup> =16.43P<0.001
	II	0.39 (0.39)	0.29	
	III	0.72 (0.34)	0.92	
Tumor location	Ascending colon	0.55 (0.45)	0.62	Chi <sup>2</sup> =5.51P=0.138
	Transverse colon	0.36 (0.34)	0.33	
	Descending colon	0.32 (0.46)	0	
	Rectosigmoid colon	0.30 (0.37)	0.05	



**Fig. 3: Correlation between disease-free survival and total involved lymph nodes in patients**

**Table 6: Percentage of positive node patients in terms of resected LNs**

Number of resected LNs	Percentage of positive node patients	CI95%
≥5	4/41	46-35
≥7	2/43	48-37
≥9	7/47	51-42
≥11	50	54-45
≥13	9/48	52-43
≥15	1/47	51-42
≥17	2/48	50-43
≥19	49	53-44

negative correlation between CEA and the number of resected LNs ( $r=-0.16$ ;  $p=0.04$ ). ANOVA test results showed no significant relationship between the number of resected LNs and tumor location, cancer stage and tumor grade (table 3).

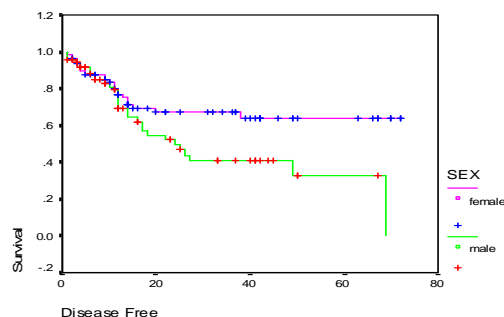
According to Spearman correlation test, the correlation between the number of resected LNs and the number of involved LNs was less than 0.001.

**Table 7: Correlation between disease-free survival and gender and tobacco use**

variable		Mean and SD of survival rate	Log-rank test results
Gender	Male	34.7±4.15	P=0.03
	Female	50.3 ±3.82	
Tobacco use	Yes	32.37 ±6.7	P=0.4
	No	44.9 ±3.26	

Spearman correlation test results also showed a negative correlation between the LNR and disease-free survival and a positive correlation between the LNR and CEA level (table 3).

The negative correlation between LNR and disease-free survival is presented in figure (3.1). Accordingly, as the LNR increased, the



**Fig. 4: Correlation between disease-free survival and gender**

**Table 8: Correlation between disease-free survival and clinicopathological criteria**

Variable		Mean (SD) of survival rate	Long-rank test results
Age	40 e"	37.6 ±6.8	P=0.62
	40<	44.46 ±3.21	
Stage	A	22.5 ±0.35	P<0.001
	B	53.4 ±4.02	
	C	36.95 ±4.15	
	D	4 ±0.89	
Grade	I	48.93 ±3.71	P<0.001
	II	40.39 ±4.8	
	III	11.89 ±2.23	
Tumor location	Ascending colon	24.49±7.74	P=0.01
	Transverse colon	38.5±7.06	
	Descending colon	27.6±5.49	
	Rectosigmoid colon	45.61±3.31	
Number of resected LNs	11dH	49.92±3.28	P=0.64
	11<	45.1±6.21	
LNR	0.05>	56.69±4	P<0.001
	0.05-0.19	36.78±3.98	
	0.2-0.39	33.19±6.20	
	0.4-1	30.62±4.46	
CEA	5d"	50.6±3.17	P<0.001
	5<	18.4±3.36	

disease-free survival decreased Accordingly, the longest disease-free survival can be seen in LNR=0 and the shortest disease-free survival in LNR=1.

The positive correlation between LNR and CEA is presented in figure (2). Mann-Whitney test results showed a significant relationship between LNR and metastasis and recurrence (table 4).

Kruskal-Wallis test results indicated significant relationships between LNR and cancer stage and tumor grade (table 5).

Based on disease-free survival, the survival rates of node positive and node negative patients were compared. The average survival rates in node negative and node positive patients were  $51.75 \pm 3.96$  and  $35.39 \pm 4.07$  months respectively (Log-rank test,  $p=0.002$ ) (figure 3). Thus, survival rate was lower in node positive patients.

In the present study, when a maximum number of 11 LNs was examined, %50 of the patients with <11 LNs were positive (CI: %95, %45-

54). This ratio did not significantly increase when LNs' numbers increased more than 11 (table 6).

Log-rank test results showed significant differences in survival rate and disease-free survival between male and female patients (table 7).

As shown in figure (4), the survival rate was higher in female patients compared to male ones.

Lon-rank test results also indicated significant relationships between survival rate (based on disease-free survival) and cancer stage, tumor grade, tumor location, LNR and CEA (table 8).

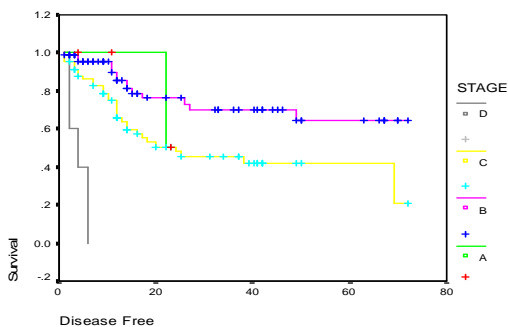
As shown in figure (5), the survival rate was lower in stage D cancer compared to other stages.

As shown in figure (6), patients' survival rate decreased with the increase of tumor's grade.

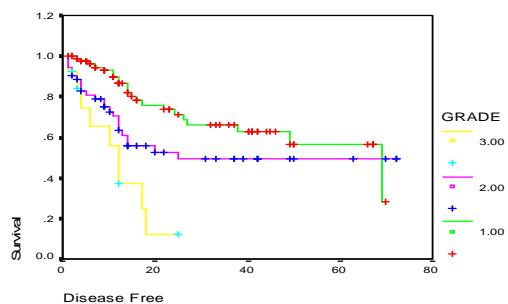
As shown in figure (7), the survival rate was lower in patients whose tumors were located in ascending colon.

As shown in figure (8), the survival rate decreased when the LNR approached 1.

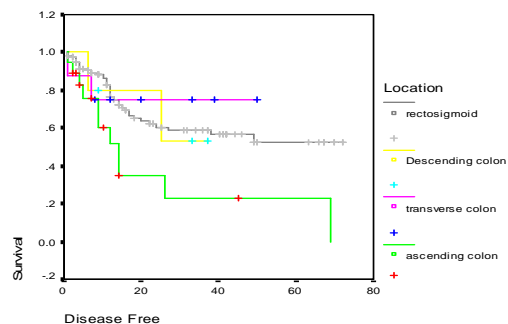
The mean and SD of disease-free survival were 20.4 and 18.7 months respectively. The results indicated a negative relationship between this period and CEA level ( $r_s=-0.18$ ,  $p=0.02$ ). Mann-



**Fig. 5: Correlation between disease-free survival and cancer stage**



**Fig. 6: correlation between disease-free survival and tumor grade**



**Fig. 7: Correlation between disease-free survival and tumoral location**



Whitney test results showed that higher levels of CEA were associated with higher incidence of recurrence and metastasis ( $P < 0.001$  and  $P = 0.001$  respectively)

As shown in figure (9), the survival rate decreased when CEA level  $> 5$  ng/ml.

## DISCUSSION AND CONCLUSIONS

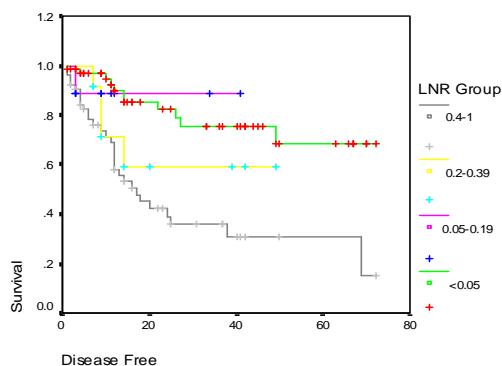
In the present study, the examined clinicopathologic criteria included the number of resected and involved LNs, age, gender, cancer stage, tumor grade, tumor location and disease-free survival. The survival rates were determined based on the disease-free survival. The incidence of CRC is similar in men and women [1]. In the present study, the ratio of female to male patients was almost equal (1.02) which was in line with the ratio obtained by Baxter [17]. However, in a study conducted by Lagoudianakis [5], the ratio of male to female patients was 1.5. The incidence of CRC increases after age 50 (the peak incidence is between 60 to 70 years of age); however, 20% of CRC cases are under 50 years old [1]. In this study, the average age of CRC was  $56.21 \pm 14.8$  (37% under 50 years old and 16% under 40 years old). In two other Iranian studies, Jalali [22] and Moghimi [23] have reported the average ages of 51 and 53.5 years for CRC. In other parts of the world, the average ages of 66 years (Byrne [9]), 71 years (Lagoudianakis [5]) and 77 years (Baxter [17] & Moor [24]) have also been reported. It can be concluded that the average age of CRC is lower among Iranian people indicating the importance of

identification of CRC risk factors and screening at ages under 50 years old.

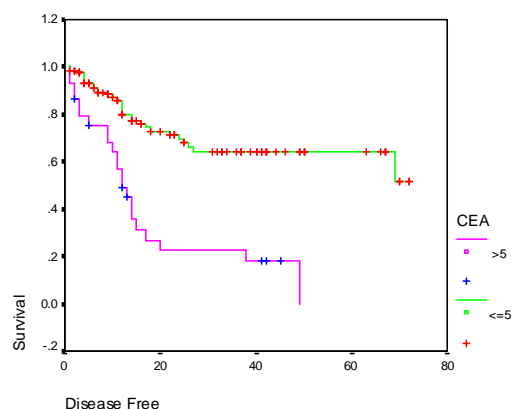
Given that lower survival rates and poorer prognosis are associated with younger people's CRC [2], the examined patients in this study were divided to two age groups of  $< 40$  and  $> 40$  years and then compared. However, the results indicated no significant difference in survival rate between the two age groups. This finding was in line with the results of another Iranian study conducted by Jalali [22]. In a study conducted by Chou [24], under 40 years patients had higher cancer stage and poorer prognosis which might be due to genetic and environmental factors.

Most patients in the present study had a well differentiated grade (53.3%) and stage B CRC (49.3%). These findings were consistent with results of previous studies done by Lagoudianakis [5], Baxter [17], Jalali [22] and Moghimi [23]. The higher incidence of stage B CRC can be due to the emergence of disease symptom at this stage or lower stage estimation for lower number of resected LNs. Accordingly, more accurate staging is expected by resecting more LNs.

In the present study, the initial location of tumor was mostly in rectosigmoid colon (79.3%) which was in line with Jalali's study [22]. The incidence of right side cancer is higher in low risk countries and the incidence of left side cancer is higher in high risk countries [22]. Iran is among the low risk countries for cancer [25].



**Fig. 8: correlation between disease-free survival and LNR groups**



**Fig. 9: Correlation between disease-free survival and CEA**



In this study, patients were initially compared in terms of gender. The results showed no significant difference in tumor grade, degree of differentiation, age, and tumor location between male and female patients. Jalali [22] found no significant difference in the average age of CRC between male and female patients. Nonetheless, Zisman [20] reported lower age of onset for CRC in male patients. Moreover, in Zisman's study, tumor location was mostly in distal colon. The prognosis of CRC is usually better in female patients [2].

In this study, the disease-free survival, defined in terms of the presence or absence of metastasis or recurrence, was  $12.8 \pm 2.13$  months. The rates of metastasis and recurrence were higher in male patients; thus, the length of disease-free survival was shorter and the survival rate was lower in male patients as well.

Hemoglobin level and rate of tobacco use were higher in male patients; but, no significant difference was observed in CEA level between male and female patients. Jalali [22] also found a significant relationship between being male and tobacco use. In some studies, including a study conducted by Zhao [12], it has been stated that tobacco use can affect the onset of CRC and patients' survival rate. However, tobacco use did not significantly affect the patients' survival rates in the present study, which was in line with the results of similar studies (Brian [26], Peppone [27] & Moghimi [23]). In Chen's study [29], no significant difference was found in CEA level between male and female patients.

In this study, the range of resected LNs was 0-42 (an average of 7.16). The average numbers of resected LNs in node positive and node negative patients were 21.8 and 13.6 respectively. The results showed no significant difference in the average number of resected LNs between the two mentioned groups. The higher number of resected LNs in node positive patients was similar to the findings of Tepper [19] and Wong [31]. The higher number of resected LNs in node positive patients might be due to the following issues:

- The size of LNs might be smaller in node negative patients and their identification be harder;

- There is a linear relationship between the number of resected LNs and the number of involved LNs; thus, an increase in the number of resected LNs leads to an increase in the number of involved LNs;

In the present study, the average number of resected LNs was 7 which was similar to what Jha [16] (8 LNs) found and completely different from what Lagoudianakis [5] (13 LNs) reported.

In this study, the number of resected LNs was not significantly related to age, gender, tumor location, cancer stage, tumor grade and tobacco use.

Similar to the results of this study, the number of resected LNs was not significantly related to age, gender (Gelos [15]), tumor location (Bamboot [4]) and tumor grade (Lagoudianakis [5]) in previous studies. Conversely, Lagoudianakis [5] and Baxter [17] found a negative correlation between age and the number of resected LNs. They also reported a positive correlation between the number of resected LNs and tumor grade.

Gelos [15] found significant relationships between the number of resected LNs and tumor location and tumor grade. Shen [11] also reported a significant relationship between the number of resected LNs and tumor location which was not in line with the present study's results.

Although the overall survival rates of the patients were not determined in the present study, the effects of various factors on the rate of survival were examined. Accordingly, the rate of survival was somehow (not statistically significant) related to disease-free survival and the number of resected LNs ( $p=0.07$ ). This finding can be helpful in determining cancer stage and tumor grade more realistically. In other studies conducted by Byrne [9], Cianchi [18] and Tsikitis [13], more resected LNs led to higher survival rates. In Jha study [16], no difference was observed between the rate of survival and  $<9$  resected LNs.

In this study, the survival rate was significantly related to disease-free survival, cancer stage, tumor grade, tumor location and CEA level.

In other words, cancer stage and tumor grade were strongly related to patients' survival rates and with the increase of stage and grade, survival rate decreased. These findings were in line with Moghimi [23] and Seicean [30] studies.

The role of tumor location in CRC prognosis is in some way controversial. Some studies have reported no significant relationship between them; while, others have focused on better prognosis of the left side cancer [2]. In this study, the rate of survival decreased when tumor was detected in ascending colon that could be due to a delayed diagnosis of CRC in the examined patients.

In this study, the increase of CEA level was associated with more LNs involvement, higher recurrence and metastasis rates and lower survival rate. This finding was consistent with the results of Cheng-Jen [28] study.

In the present study, LNR was significantly related to metastasis, recurrence, survival rate, cancer stage, tumor grade and the number of resected LNs. However, it was not related to tumor location, age, gender and hemoglobin level. Similar to the present study's results, Kim [14] found no significant relationship between LNR, age, gender and tumor location. He did not find any relationship between LNR, tumor grade and CEA level too which was not in line with the present study's results. In both the present and Kim's [14] studies, LNR was significantly related to tumor grade and the number of resected LNs. The results of other studies conducted by Shao [3], Byrne [9], Zhao [12] and Moghimi [23] indicated a significant relationship between the number of involved LNs and the survival rate. For that reason, many scholars have

considered the number of involved LNs as an independent major prognostic factor in patients with CRC. To reliably determine the absence of metastasis in CRC patients, many scientists believe that the minimum number of resected LNs must be 12; however, they have not systematically found an absolute cut off point yet. In this study, when at least 11 LNs were examined, %50 of the patients had at least one positive node. In other words, for having one positive node, at least 11 LNs were required. In this regard, the minimum optimal numbers of 14 (Tepper [29] & Wong [44]) and 9 (Jha [16]) have also been reported. These different numbers indicate that the determination of a minimum optimal number of LNs depends on many factors and cannot be stated with certainty.

Similar to Jha [16] and Kim [14] studies, a linear relationship was found in this study between the number of resected LNs and the number of involved LNs. This finding indicated that resecting the maximum number of LNS can be a good choice because it will lead to a better and more realistic staging of CRC.

The number of resected LNS and removal of tumors used to be considered as indicators for adequacy of surgical procedure. Previous scholars believed that at least 12 LNs are required for an appropriate staging of CRC and that resecting more LNs is associated with a better prognosis of CRC. However, some recent researchers have questioned this approach as they have not found any significant relationship between the number of resected LNs and cancer staging or survival rate. Some scholars believe that considering the number of negative LNs or the ratio of positive LNs to the total number of resected LNs may improve cancer staging.

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